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How many calories are in a large sonic popcorn chicken

Create a SONIC® account to get rewards, order, and pay online. Back 490 Cal. Our Jumbo Popcorn Chicken is made with breaded 100% all-white meat chicken and fried to perfection. Enjoy them on their own or kick things up and try them smothered in Honey BBQ or Buffalo Sauce. Customize Tap to remove ingredients. Signature Sauce Packet Carb Manager Carb Manager's content is for informational and educational purposes only. Our website is not intended to be a substitute for professional medical advice, diagnosis, or treatment. Main info: Large Jumbo Popcorn Chicken Sonic 1 serving 560.0 Calories 41.0 g 32.0 g 27.0 g 5.0 g 65.0 mg 6.0 g 1890.0 mg 2.0 g 1.0 g Report a problem with this food Report a problem with this food Note: Any items purchased after clicking our Amazon buttons will give us a little referral bonus. If you do click them, thank you! Have you ever asked yourself, "How much weight can I lose in a month?" or "How many meals a day should you eat?" Since 2005, a community of over 200 million members have used MyFitnessPal to answer those questions and more. With exercise demos, workout routines and more than 500 recipes available on the app, MyFitnessPal gives members a wellness roadmap for anything from the best fat burning workouts to healthy foods to eat. So whether your goal is walking for weight loss, tracking the foods you eat, or something else entirely, MyFitnessPal has the tools you need to start your fitness and health journey today. Please note that some foods may not be suitable for some people and you are urged to seek the advice of a physician before beginning any weight loss effort or diet regimen. Although the information provided on this site is presented in good faith and believed to be correct, FatSecret makes no representations or warranties as to its completeness or accuracy and all information, including nutritional values, is used by you at your own risk. All trademarks, copyright and other forms of intellectual property are property of their respective owners. What is a sonic Route 44? How much is a BLT at Sonic? Does Sonic have a dollar menu? How much is the Red Bull slush at Sonic? What is a wacky pack at Sonic? How much are sonic Totchos? How much are corn dogs at Sonic? Does Sonic have popcorn shrimp? Does Sonic sell popcorn chicken? Can you get burgers at Sonic in the morning? What is there to eat at Sonic? What is Sonic's signature sauce? Please note that some foods may not be suitable for some people and you are urged to seek the advice of a physician before beginning any weight loss effort or diet regimen. Although the information provided on this site is presented in good faith and believed to be correct, FatSecret makes no representations or warranties as to its completeness or accuracy and all information, including nutritional values, is used by you at your own risk. All trademarks, copyright and other forms of intellectual property are property of their respective owners. There are 750 calories in a Large Jumbo Popcorn Chicken from Sonic. Most of those calories come from fat (52%). Contains Does Not Contain *Unknown Allergy Information: a Sonic Jumbo Popcorn Chicken contains gluten, soy and wheat. a Sonic Jumbo Popcorn Chicken does not contain egg, fish, milk, peanuts, shellfish or tree nuts. ** Please keep in mind that most fast food restaurants cannot guarantee that any product is free of allergens as they use shared equipment for prepping foods. We are working on getting the ingredients for this item.

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